

# Lactoferrin

#### **Brief Information:**

- 300 mg pure lactoferrin per capsule
- Highly purified raw material produced in Germany, regularly tested
- Gastro-resistant capsule protects the active structure until absorption

#### **Product Information:**

Lactoferrin is an iron-binding glycoprotein from the transferrin family that naturally occurs in (mother's) milk and is also produced in the human body—particularly by mucous membranes and certain immune cells. Due to its molecular properties, it is the subject of intensive scientific research, especially in the context of iron metabolism, immunological regulation, and antioxidant processes.

Our product contains 300 mg of high-quality, low-iron lactoferrin per capsule. The raw material used is manufactured in Germany and is regularly tested for purity and absence of contaminants (e.g., heavy metals, mycotoxins, antibiotics, dioxins). The gastro-resistant capsule ensures targeted release in the intestine.

# **Suggested Use**

1 capsule daily—ideally on an empty stomach, 30 minutes before eating. Combining it with vitamin C may enhance the absorption of iron from food.

Do not exceed the recommended daily intake unless a different dosage has been explicitly advised by your doctor.

Not a substitute for a varied and healthy diet.

## **Storage Instructions**

Store at room temperature, in a dry place, protected from light.

Keep the product out of reach of small children.

# **Package Size**

60 capsules

### Ingredients

Lactoferrin, hydroxypropyl methylcellulose (capsule shell)